

Kent Fitness League Cross Country event at Swanley

On Sunday 13th November, the 2nd of the Kent Fitness League (KFL) cross country events took place at Swanley Park. It was a wonderful sunny, warm autumn day with some of the best conditions we have experienced at this venue. Nearly 500 runners took part in the race which was a record for the number of entrants to a KFL event. It was remarked that this comparable with some of the national cross country events that take place. We had 28 Harriers take part and were the 5th largest team on the park. Dartford Road Runners were the largest team with 59 runners.

In the combined event we came 11th out of 18 teams that took part with the ladies coming 10th and the men 11th in their groupings. It is the first 3 ladies and the first 7 men that score for the club with requirements that we have veterans in each of those categories. For the ladies we were led home by Julie Stoppani 27th Vicky Hollands 38th and Kay Banfield 44th. For the men Mike Murdoch was 53rd, Richard Ellison 55th, Adrian Perkins 76th, David Moore 81st, James Collinson 89th, Chris Jones 122nd and Gerard Martin 131st our over 50 category.

Well done to Michael Whites son Mark on his first KFL event and also to Toni Ives from Saxon orienteering who is joining Maidstone Harriers to run these events for us.

We also had a first in the Junior event with Mike Murdoch's son Connor taking part. There were 46 runners and he came 3rd in his category. Two of the runners picked up prizes in the raffle, so come along on Wednesday night to find out who they were and what they won.

Well done to everyone from the club for taking part and supporting the club. Many thanks to Nigel Warren for the gazebo and also to Dave Keeling for the new Harrier flags. It was evident to our competitors that Maidstone Harriers had set up camp in the park!

Congratulations to Swanley and District AC for a well organised event and particularly to the marshals and officials who coped admirably with the huge numbers of competitors. We have been asked comment on the race from a competitor's point of view. Were you troubled by queues for car parking, toilets or bottlenecks on the course? Please let me know and I will feed your comments back.

The Harrier individual positions were as follows:-

Ov Pos	Lg Pos	Runner	Age	Time	Club	Rating
61	53	Mike Murdoch	44	32:41	Maidstone H	82.43
64	55	Richard Ellison	32	32:46	Maidstone H	81.76
89	76	Adrian Perkins	39	33:50	Maidstone H	74.66
95	81	David Moore	42	34:06	Maidstone H	72.97
103	89	James Collison	36	34:18	Maidstone H	70.27
144	122	Chris Jones	43	35:47	Maidstone H	59.12
150	126	Adam Palferman	39	36:00	Maidstone H	57.77
155	130	Martyn Earl	31	36:08	Maidstone H	56.42

Ov Pos	Lg Pos	Runner	Age	Time	Club	Rating
156	131	Gerard Martin	50	36:10	Maidstone H	56.08
202	164	Michael White	48	37:43	Maidstone H	44.93
215	175	Ron Carr	60	37:56	Maidstone H	41.22
254	205	Alan Probert	50	39:13	Maidstone H	31.08
266	27	Julie Stoppani	48	39:41	Maidstone H	79.20
287	38	Vicky Hollands	38	40:16	Maidstone H	70.40
300	44	Kay Banfield	47	40:43	Maidstone H	65.60
309	233	Craig Peake	52	40:59	Maidstone H	21.62
340	250	Nigel Warren	39	42:11	Maidstone H	15.88
347	254	Paul Holland	45	42:27	Maidstone H	14.53
358	259	Gerald Krause	55	43:15	Maidstone H	12.84
394	270	Mark White	21	45:29	Maidstone H	9.12
404	276	David Keeling	43	46:05	Maidstone H	7.09
407	278	Paul Moss	30	46:22	Maidstone H	6.42
422	97	Sarah Smith	50	47:25	Maidstone H	23.20
426	98	Liane Foord	48	47:50	Maidstone H	22.40
443	107	Toni Ives	54	49:26	Maidstone H	15.20
449	110	Diane George	47	50:36	Maidstone H	12.80
461	118	Sonia Watling	34	52:22	Maidstone H	6.40
468	294	Derek Evenden	60	57:01	Maidstone H	1

In the team event, the club positions were as follows:-

Pos	Club	M	F	Total	Scrs	Last
1	Paddock Wood AC	164	36	200	10	213
2	Larkfield AC	184	33	217	10	191
3	Dartford RR	220	27	247	10	165
4	Gravesend RR & AC	382	8	390	10	113
5	Istead & Ifield H	281	179	460	10	374
6	New Eltham J	416	83	499	10	293
7	Sittingbourne Str	444	104	548	10	313
8	Sevenoaks AC	477	78	555	10	286
9	Canterbury H	485	112	597	10	355
10	Swanley & Dist AC	627	55	682	10	240
11	Maidstone H	607	109	716	10	300
12	Deal Tri Club	554	164	718	10	344
13	Plumstead Rnrs	809	75	884	10	315
14	Bromley Vets AC	607	321	928	9	467
15	Dartford H	889	118	1007	10	328
16	Medway & Mstn AC	674	378	1052	7	220
17	Thanet RR	1017	141	1158	10	337
18	Invicta EK AC	1840	378	2218	3	376

Female Team Result

Pos	Club	fv35	f	f	Total
1	Gravesend RR & AC	2	1	5	8
2	Dartford RR	7	8	12	27
3	Larkfield AC	14	3	16	33
4	Paddock Wood AC	19	6	11	36
5	Swanley & Dist AC	13	20	22	55
6	Plumstead Rnrs	23	4	48	75
7	Sevenoaks AC	9	32	37	78
8	New Eltham J	24	18	41	83
9	Sittingbourne Str	15	42	47	104
10	Maidstone H	27	38	44	109
11	Canterbury H	10	39	63	112
12	Dartford H	28	35	55	118
13	Thanet RR	30	54	57	141
14	Deal Tri Club	51	53	60	164
15	Istead & Ifield H	34	70	75	179
16	Bromley Vets AC	73	122	126	321
18	Medway & Mstn AC	126	126	126	378
18	Invicta EK AC	126	126	126	378

Male Team Result

Pos	Club	mv50	mv40	m	m	m	m	m	Total
1	Paddock Wood AC	22	20	2	5	17	44	54	164
2	Larkfield AC	88	24	7	8	14	16	27	184
3	Dartford RR	66	1	9	15	31	46	52	220
4	Istead & Ifield H	38	18	23	32	36	50	84	281
5	Gravesend RR & AC	37	29	25	39	64	91	97	382
6	New Eltham J	58	34	10	56	80	83	95	416
7	Sittingbourne Str	71	28	48	51	67	79	100	444
8	Sevenoaks AC	145	40	6	43	49	87	107	477
9	Canterbury H	92	19	11	60	72	113	118	485
10	Deal Tri Club	45	77	30	47	90	110	155	554
11	Maidstone H	131	53	55	76	81	89	122	607
12	Bromley Vets AC	59	4	33	119	121	129	142	607
13	Swanley & Dist AC	70	26	21	96	108	141	165	627
14	Medway & Mstn AC	102	63	3	75	101	151	179	674
15	Plumstead Rnrs	103	65	73	112	135	154	167	809
16	Dartford H	128	12	13	98	190	214	234	889
17	Thanet RR	138	69	117	161	170	178	184	1017
18	Invicta EK AC	162	229	261	297	297	297	297	1840

In the team standings the club positions are as follows:-

Combined Team Standings

Rank	Club	Match		Total	TB	Places
		1	2			
1	Paddock Wood AC	17	18	35	3	400
2	Larkfield AC	18	17	35	3	401
3	Dartford RR	14	16	30	3	688
4	Istead & Ifield H	16	14	30	3	827
5	Gravesend RR & AC	13	15	28	--	871
6	Sevenoaks AC	15	11	26	--	954
7	New Eltham J	12	13	25	--	987
8	Canterbury H	11	10	21	--	1166
9	Swanley & Dist AC	10	9	19	--	1304
10	Maidstone H	9	8	17	--	1348
11	Deal Tri Club	8	7	15	--	1398
12	Sittingbourne Str	2	12	14	--	2010
13	Plumstead Rnrs	7	6	13	--	1676
14	Medway & Mstn AC	6	3	9	--	1967
15	Dartford H	4	4	8	3	1983
16	Bromley Vets AC	3	5	8	3	2171
17	Thanet RR	5	2	7	--	2121
18	Invicta EK AC	1	1	2	--	3853

Female Team Standings

Rank	Club	Match		Total	TB	Places
		1	2			
1	Dartford RR	17	17	34	--	58
2	Paddock Wood AC	18	15	33	--	64
3	Larkfield AC	15	16	31	--	74
4	Swanley & Dist AC	13	14	27	3	117
5	Gravesend RR & AC	9	18	27	3	132
6	Sevenoaks AC	14	12	26	--	135
7	Maidstone H	16	9	25	--	149
8	Plumstead Rnrs	10	13	23	--	183
9	New Eltham J	11	11	22	--	156
10	Canterbury H	12	8	20	--	179
11	Dartford H	5	7	12	4	284
12	Deal Tri Club	7	5	12	4	303
13	Sittingbourne Str	2	10	12	4	395
14	Istead & Ifield H	6	4	10	--	326
15	Medway & Mstn AC	8	1	9	--	511
16	Thanet RR	1	6	7	3	467
17	Bromley Vets AC	4	3	7	3	529
18	Invicta EK AC	3	1	4	--	619

Male Team Standings

Please note that the Male Team Standings do not have any championship status

Rank	Club	Match		Total	TB	Places
		1	2			
1	Larkfield AC	18	17	35	3	327
2	Paddock Wood AC	17	18	35	3	336
3	Istead & Ifield H	16	15	31	--	501
4	Dartford RR	13	16	29	--	630
5	Gravesend RR & AC	14	14	28	--	739
6	Sevenoaks AC	15	11	26	--	819
7	New Eltham J	12	13	25	--	831
8	Canterbury H	11	10	21	--	987
9	Deal Tri Club	10	9	19	--	1095
10	Maidstone H	8	8	16	--	1199
11	Swanley & Dist AC	9	6	15	--	1187
12	Sittingbourne Str	2	12	14	--	1615
13	Medway & Mstrn AC	5	5	10	4	1456
14	Plumstead Rnrs	6	4	10	4	1493
15	Bromley Vets AC	3	7	10	4	1642
16	Thanet RR	7	2	9	--	1654
17	Dartford H	4	3	7	--	1699
18	Invicta EK AC	1	1	2	--	3234